



Noise Phobia

Signs and Symptoms

Seeking out owner
Trembling
Pacing
Digging
Dilated Pupils

Panting
Drooling
Barking
Urinating
Defecating

These behaviors are not just annoying; they can be extremely harmful. Some pets will stop at nothing to escape from a scary noise, including jumping through a window or in front of a car.

Treatment Options

- 1 Essential oils like lavender or clary sage
- 2 Hemp extracts: CBD or *Rescue Remedy*
- 3 *Adaptil* spray or collar
- 4 A *Thundershirt*
- 5 Melatonin, a calming hormone
- 6 Anxitane, a green tea extract
- 7 *Royal Canin "CALM" food*

All of these treatment options are available at the Belle Plaine Animal Hospital. Be sure to only use under the supervision of your veterinarian.